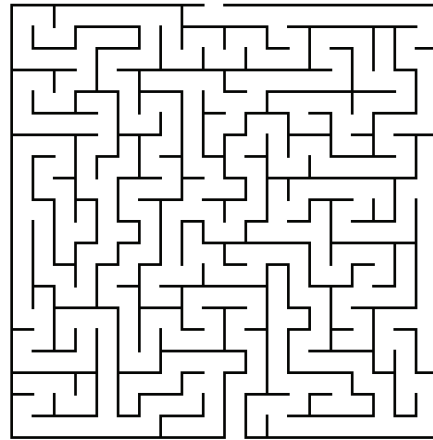


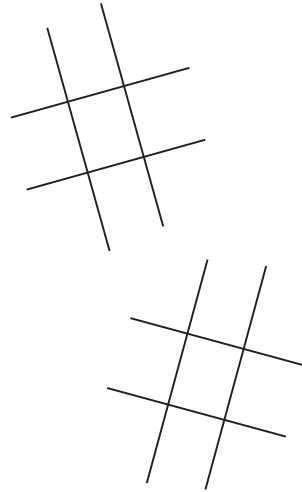
Every Child Should be Treated Like a **SUPER KID!**



I am brave



copyright © 2022 Alanco AB



I am supported

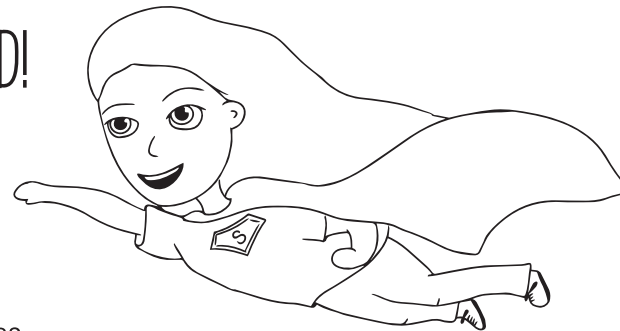
COMPLETE THE PATTERN



BODY SAFETY

O F G G R H S A F E T Y Z B K C W R
 A R S C E E O G Z S T L E W R M O J
 I B R Z S A O G G T U D H V S A Q I
 G O I X P L A D U L T P S O S M V Y
 G D G V E U N S A F E O P E P O M E
 P Y H H C B W L R U D C C O C E E K
 B E T R T D T Z G Z F Z I V R R L Y
 G U S A B V O H G L T Y B R E T E N
 B Z F X L H A Z R X U W H Y C C I T
 K T S D K T Y C O Y J H E L P L P B
 V D B K J O T K W S U P E R T A E A
 C G E Z M O D K P R I V A T E Q H R

I AM A SUPER KID!



UNSCRAMBLE THE LETTERS

Each child has the right to live:

volde _____ , repstcdee _____ , & afes _____ !

- | | | | |
|---------|---------|--------|---------|
| super | circle | secret | safety |
| grow | adult | unsafe | brave |
| private | help | heal | body |
| rights | support | hope | respect |



Healing begins with us.

Every child's body and feelings should be treated with respect!

5 SUPER KID

body safety rules



Talk openly and often with your child, from an early age, about personal safety. Establish simple, personal safety rules with your children that are easy to understand and remember.

1 I am the Boss of my Body.
I don't have to hug, kiss, or be touched by anyone if I'm uncomfortable. I have the right to say 'No'.

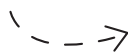
2 I have a Body Safety Circle
of 3-5 trusted adults that know about body safety and I can talk to if I have a question or problem. I know that if a body safety rule is broken, it's not my fault and it's never too late to tell.

3 No one should ask me to keep a secret,
even if it's fun and especially if it makes me sad, scared, or if it's about private parts.

4 Private Parts
are the parts of our body covered by swimsuits and underwear. I use the correct words when talking about private parts of my body.

5 Privates are not to be shared with others.
No one should look at, or touch my private areas and I should have privacy when using the bathroom or changing clothes.

Surprises are OK
because they're only kept quiet for a short time and then everyone knows!



Sometimes we may need to be looked at or touched to stay clean and healthy.
This should only be done by a caregiver or doctor - with another adult present. If you ever have a concern, you can talk to someone in your Body Safety Circle.



Healing begins with us.

Phone: (231) 929-4250

2000 Chartwell Drive,
Traverse City, MI 49696

For more educational resources, visit our website
<http://traversebaycac.org/prevention-resources>